

Hello Friends,

Wow! Fourth of July already! Where is summer going? Between the rain and bugs it has been super difficult to get any yard work done and enjoying the outdoors. The Senior Center is open, come and see us on those rainy and buggy days. Play some card games or learn Mexican Train. Anyone interested in playing Phase 10 or Hand & Foot? Please let us know if you are interested.



The Activity Committee is planning an awesome party for YOU during our Pass Potluck on Tuesday July 23 starting at 11:00am! IT IS OUR FLAMINGO AND BEACH PARTY. Be sure to come and join us put on some beachy clothes or dress up like Jimmy Buffet and enter our look-alike contest. You do NOT have to bring a dish to pass or your own place service. Our menu: Pulled Ham, Potato Salad, Macaroni Salad, Chips, and more. We will have games for everyone. YOU MUST SIGN UP FOR THIS DAY OF FUN! STOP IN AT THE SENIOR CENTER TO SIGN UP OR CALL 815-946-3818. We need to plan on how much food to make. The games will be suitable for ALL! THIS PARTY IS FOR MEMBERS ONLY! DONATIONS WILL BE ACCEPTED!

I am looking for about 4 - 5 strong men to help bring the garbage down after our cleaning of the upstairs down to the dumpster on Friday July 26 starting at 8:30am. If you can help please let me know. Remember there are a lot of steps!

See you at the Senior Center.

Barb

Senior Center will be closed on July 4th & 5th. See you on Monday July 8th. No Exercise on July 4th.

For those of you that have brought items in to help decorate we would like to keep these items in the window till after the August 10th the Polo Car Show. If this is not possible and you want your items back before then please let me know.

PLEASE LET US KNOW IF YOU HAVE MOVED SO WE CAN UPDATE OUR MEMBERSHIP RECORDS. You might not know this, but each returned newsletter costs PASS a return fee! Thanks for your help.

Board Members

Randy Hayes - Chair
Betty Bleistein - Vice Chair
Connie O'Brien-Secretary
Donna Hayes-Treasurer
General Board
Kathy Cox Irene Attig
Wayne Haan Evelyn Meyer
Cheryl Garkey
Barb Burke-Director

FIT FOR LIFE EXERCISE CLASS Tuesday & Thursday is Exercise Day! "Fit for Life" Class meets every Tuesday & Thursday from 9:00 - 10:00am. Classes are for men & women of any age. Questions call the Senior Center 815-946-3818

Games

Every Wednesday we play 500 at 12:00pm

Every Thursday we play Mexican Train at 12:00pm

Every Thursday we play Euchre at 12:00pm

Every Friday we play Bridge at 12:00pm

Everyone is invited to play any of these games. If you don't know how to play we will teach you!

Line Dancing Class meets every Tuesday morning at 10:30am except the 4th Tuesday of the month we will not have class.

Activities and Programs We Offer

Are you turning 65?

Do you need help understanding Medicare A, B, C and D? If so, please call us at the senior center we will help make this time easier for you.

Turning 65 can be very confusing with all the information you receive in the mail about which Medicare D Plan to take or which supplemental. If you are about to turn 65 and have questions regarding what to do our SHIP Counselors, Donna & Randy Hayes and Darlene Shafer can help you sort through all the confusion. Don't let it drive you crazy call us, we can help.

Thank you for your JUNE

DONATIONS: I can not express how much we appreciate them!

Glen & Fay Schneiderman

Evelyn Meyer

Doug Smith

Janet Johnson

Donna Gillingham

Wayne & Ginger Haan

Karen Digby

Joe & Betty Bleistein

Tom Goldie



If you would like to join us or want more information on any of the below trips please let Barb know. On all trips I must sign a contract and send deposit that is why it is necessary for you to make payment at sign up.

UPCOMING TRAVEL FOR 2019 If you are interested in any of the below call 815-946-3818 and ask for Barb

White Pines here we come! Tuesday August 20th Lunch and Play we will be seeing "The Best Little Chicken Ranch" Comedy, and Musical Play. All can come members & non-members. Join us for this enjoyable day. Tickets on sale now the cost will be \$37.00 per person. Payment due upon sign-up. All checks payable to PASS. **We must have 35 people to go to get this rate. ONLY 4 Seats Left**

Monday September 16th Wiersema Charter will be taking us to Chicago's Museum of Science and Industry. We will leave at 7:00am and return at approximately 7:00 – 8:00pm. The cost of this trip is \$65.00 for members and \$70.00 for non-members. This trip is for adults only. Payment is due upon reservation I need 45 people to sign up in order to go.

Included in the price: Chartered bus, Entrance into Museum, Special Exhibitions: Wired to Wear; U-505 Submarine on Board tour; and Giant Dome Theater (for film viewing). The museum has wheel chairs you can rent. All Special Exhibitions are handicap accessible.

We will be stopping on the way home at a fast food for supper. No meals are included in the price.

I need payment when you sign up. I need 45 people to sign up to go.

Biltmore Estate & Asheville, NC November Trip: November 10 through 15 (Sunday – Friday) Biltmore Estate & Asheville, NC. 6 Days and 5 Nights. We will be staying 3 nights in Asheville and enjoying a full day at the Biltmore Estate dressed in holiday glamour. Guided tour of Asheville, St. Lawrence Basilica, and a drive on the Blue Ridge Parkway. On the way home we stop at the Folk Art Center, Kentucky Artisan Center in Berea, KY, a 20,000 square foot facility where you can explore Kentucky crafts, history, and shop for Kentucky products, and so much more. Pick up a brochure at PASS and sign up soon. **We need at least 45 people to go.**

STAY IN TOUCH Are you on Facebook? The Polo Sr. Center now has our own Facebook page. Get the latest updates of what's happening. Search by Polo Senior Center look for the images of the building and senior center sign. Big thanks to Karen Digby for creating and updating our page.

Activities and Programs We Offer

July Activities:

Tuesday June 25th PASS Potluck at 11:00am: REMEMBER WHEN: We will have our baby picture contest this time I will put little hint by the pictures to help you guess who is who. The winner who guesses the most correctly will be announced at PASS and will win a prize. Our speaker Carol Chandler will talk on what we did as children the games we played, how we entertained ourselves. I am sure you all enjoy this enlightening day. Bring a dish to pass and your place service and join us.

Graying Gracefully with Pastor Brian LeBaron will be on Tuesday July 2nd, Tuesday July 9th and Tuesday July 16th all classes will start at 12:30. Sub Sandwiches will be served for a donation. If you have not been to any of his classes please come. Please sign up for these classes I need to know how many Sub Sandwiches to order Come to the Senior Center to sign up or call 815-946-3818. Please join us!

Monday July 8th from 9:30 till 11:00 we will be learning how to make EASY Dimensional Paper Summer Flowers. Come and see the samples at the Senior Center. Everyone is invited to join in. Class fee is \$5.00 per person payable the day of class. Sign up is required so we will have enough supplies for everyone. You do not need to be a member to join in. Make your reservation today 815-946-3818 or sign up at the Center.

Wednesday July 17th Birthday & Bingo starting at 10:30: We will be serving Chili Mac, Corn & Italian Bread, and more. Sign Up today. Don't forget July birthdays eat for free. Everyone else \$6.00 donation if you can not afford the \$6.00 just let us know. We want everyone to come regardless of income.

Thursday July 18th Healthy Eating with Marilyn at 10:00am: I am not sure what we will be cooking with but I know it will be interesting and healthy. Please attend.

Friday July 19th at 6:30pm: Game Night

Flamingo Beach Party on Tuesday July 23rd at 11:00am

Hand Massages on Thursday July 25th starting at 10:00am call and sign up today.

SENIORS & SNAP Get help buying healthy groceries It's important to eat right – even when money is tight! The Supplemental Nutrition Assistance Program (SNAP, also known as food Stamps or Link Card) helps over 4 million adults aged 60+ buy healthy food at their local grocery store. Applying is free, easy, and confidential. Eligibility Gross Monthly income limit for Seniors 60+ 1 person Household \$1,962.00, 2 person household \$2,655.00. Questions for information or to apply, call Northern Illinois Food Bank toll-free 944-600-7627 or email snap@northernilfoodbank.org

We know that sometimes finances are tough on our seniors. We would like you to join in our activities or be a member of the Senior Center regardless of income. If you are unable to afford to be a member or would like to take part in an activity, but just are not able to afford it please call or stop in and talk to Barb our conversation will be strictly confidential. Don't let money keep you away from enjoying yourself!

DISCOUNT ON YOUR LICENSE PLATES If you qualify, you can apply for the Benefits Access Program, (formerly Circuit Breaker) and receive a discount on your license plate sticker. The income guidelines are for 1 is \$27,610.00 and for 2 is \$36,635.00 a year. The age requirement is 65 or disabled. Call the Senior Center today to make your appointment we do the discounts on Monday or Friday afternoons. You must make an appointment, **NO WALK INS** 815-946-3818.

Every Friday
Cinnamon Rolls or Donuts
from **Casey's**



Every Wednesday we
have popcorn



Polo Area Senior Services, Inc. #15

101 East Mason Street

Polo, IL 61064

Address Service Requested

Non-Profit Org.

U.S. POSTAGE

PAID

POLO, IL 61064

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